

Our counselors employ an integrative approach to therapy to provide individualized sessions to meet your needs.

Our therapist specialize in helping you work through:

- Anxiety
- Depression
- Trauma
- PTSD
- Grief and Loss
- Life Transitions

1313 Mockingbird Lane  
Portland, OR 97213

503-555-1313

Open Monday - Friday  
8:00 a.m. - 5:00 p.m.



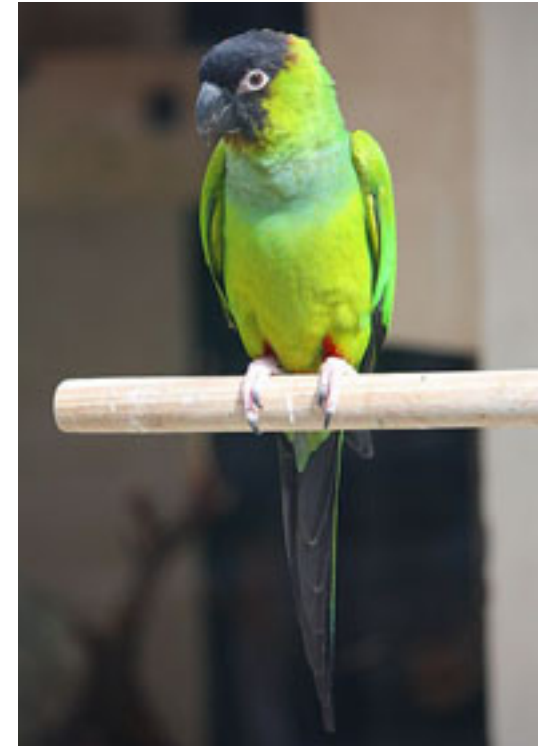
Sliding Scale Available

Insurance Billing

We specialize in clients  
age 18 and older.

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Birds of a Feather

# *Birds of a Feather*



Counseling services  
*--with parrots!*



At Birds of a Feather we offer animal-assisted therapy exclusively with parrots!

Many people feel more at ease in the company of animals and our birds are thrilled to enhance your therapy sessions with one of our state licensed counselors.

Our “staff flock” of three beautiful, medium-sized parrots are all certified therapy animals and are all loving and gentle creatures.

Clients are welcome to actively interact with our birds or we can have the birds sit quietly on a perch nearby in the therapy room.

Have a bird of your own that you would like to bring in?

Whether you choose to bring your own bird or work with one of our staff birds, we will help you learn how to form a deeper appreciation for our feathered friends.

We have a bird behaviorist on staff to assist you with questions you might have about your bird.

Clicker training seminars are offered monthly.

You’ve had an incredible experience in therapy and would like to adopt your own bird friend?

We work closely with several bird rescues in the Portland-metro area and can help you find your new best feathered friend!

Parrots have the uncanny ability of speech and each bird has its own unique personality.

What can you learn from these bird brains?

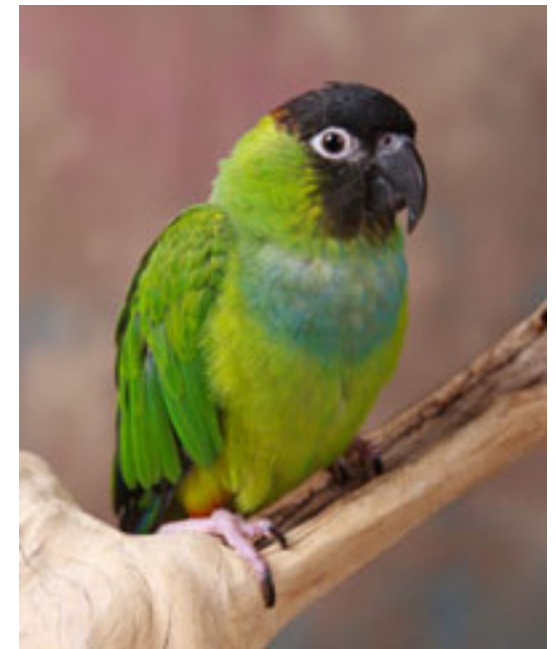
Let us (and our flock) show you!



*Spencer the Senegal*



*Jade the Pionus*



*Gus the Conure*